

Camp Lutherhoma

Rock and Ride Adventure Trip

June 19-24, 2022

Greetings in the name of our triumphant Lord and Savior Jesus Christ,

This letter is regarding your registration for our off- site adventure trip, the Rock and Ride Adventure Trip. We are most excited to have you on board for this exciting adventure! I believe you will find it challenging yet fun and rewarding. This Expedition will take you Mountain biking and rock climbing in Arkansas. We cannot wait for your arrival! Before you arrive, there are a few items we want to share with you.

Information included: the itinerary, emergency contact information, phone numbers, a list of what to bring and this cover letter.

We will meet at Camp Lutherhoma on Sunday, June 19th at the regular registration time of 3:00-5:00 pm and will provide transportation to the various adventure sites. Our arrival time back to camp will be Thursday, June 23rd and we will participate in the regular camp closing on Friday at 2:30 pm, ready for departure by 3:30 pm June 24th. If you have any other questions, feel free to e-mail us at lutherhoma@lutherhoma.com, or call our office (918) 458-0704. We look forward to seeing you and pray for safe travels.

We would also like to take this time and tell you about some safety features we will be implementing this summer on our High Powered Adventure Options, including Rock and Ride Trip. Because of some generous donors, Camp Lutherhoma was able to obtain "Spot Locators" for our trips. Our "Spot Locators" are GPS units that relay GPS points to us at Lutherhoma while groups and campers are on trips. This safety feature will allow us to track progress while the campers and staff are on their trip. It will also give the group leaders the ability to report their status and send SOS/Help messages via text message to the camp staff or Emergency services as needed. All of this will allow a greater ability to help and support groups when they need it and to show us where and when they are in real time. Our main goal is to keep campers safe and then to make sure everyone has a great experience.

Your servants in Him,

John Busch, Director
Erin Busch, Program Director

Rock and Ride Trip 2022

Sunday, June 19

3-5:00 pm Registration at Camp Lutherhoma
6:00 pm Dinner
7:00 pm Pack all equipment
9:00 pm Campfire and snacks
10:00 pm Bed in Summer Cabin at Camp Lutherhoma

Monday, June 20

7:30am Breakfast
8:00 am Pack
8:30 am Leave for Lake Lincoln
9:30 am Arrive at Lake Lincoln (Teach Spotting/Harnesses/Set up Climbs)
10:30 am Rock Climb
12:00 pm Lunch
1:00 pm Rock Climb
4:00pm Leave for Cowpatty RV Park & Campground
5:00pm Arrive and Unpack (Set up tents)
6:00 pm Dinner and Bible study
8:00 pm Campfire
10:00 pm Bed

Tuesday, June 21

8:00 am Breakfast
8:30 am Travel to Kessler Mountain for Mt. Biking
9:00 am Mountain Bike
12:00 am Lunch
3:00 pm Mountain Bike
5:00 pm Return to Cowpatty RV Park & Campground
6:00 pm Dinner
8:00 pm Campfire/Bible study
10:00 pm Bed

Wednesday, June 22

8:00 am Breakfast
8:30 am Travel to Kessler Mt for Mt. Biking
9:00 am Mountain Bike
12:00 pm Lunch
1:00 pm Mountain Bike
3:00 pm Return to Cowpatty RV Park & Campground
4:00 pm Clean up, hike, relax
8:00 pm Campfire/Bible study
10:00 pm Bed

Thursday, June 23

8:00 am Breakfast/Pack
9:00am Leave for Lincoln
10:00 am Rock Climb
12:00 pm Lunch
1:00 pm Rock Climb
4:00 pm Leave for Lutherhoma
5:00pm Arrive at Lutherhoma Shower/Unpack
5:00 Return to Regular Camp Schedule

Friday, June 24

Normal Camp Schedule. Morning activities will include cleaning equipment and unpacking.

Camp Lutherhoma
High powered adventures
Rock and Ride 2022

Packing List:

- 6 sets of clothes- t-shirts, shorts, socks (pack extra!), underwear
- hiking shoes or good pair of outdoor shoes (running shoes are fine)
- second or third pair of shoes that can get muddy
- warm, but lightweight sleeping bag/ pillow
- raincoat, parka, or poncho
- pair of sweat pants for cool nights
- long sleeved shirt or sweatshirt for cool nights
- sunscreen
- toothbrush/ toothpaste
- medium sized water bottle or Nalgene type bottle
- hat/ bandana (for wearing under your helmet)
- longer shorts for wearing under your harness (longer the shorts the more comfortable the harness)
- old pair of clothes you do not mind getting muddy while mountain biking
- soap and hand towel (showers will be limited and not a frequent occurrence)
- daypack or school backpack
- Bible (for Bible studies)

Provided by Lutherhoma:

- Ropes, harnesses, climbing gear
- mountain bikes (you can bring your own, but let us know ahead of time)
- helmets/ gloves
- food
- snacks
- utensils
- map
- first aid kits
- tents
- large backpacks
- health forms and emergency contact information
- radios for trails
- Spot GPS devices

Things NOT to bring:

- radios
- fireworks
- gum
- sling shots
- curling irons
- blow dryers
- open end knives
- Cell phones

Emergency Information for Lutherhoma Rock and Ride Trip, 2022

Camp Lutherhoma
P.O. Box 1672
Tahlequah, OK 74465

Office: (918) 458-0704
John Busch cell: (918) 822-7405
Erin Busch cell: (918) 931-0454
Nikki Boyd cell: (918) 906-5789

Physical address:

Camp Lutherhoma
23197 E. 742nd Rd.
Tahlequah, OK 74464

Program: Camp Lutherhoma Rock and Ride Trip
Dates: June 19-24, 2022

Site: Lincoln, AR Rock Climbing,
Address: Rheas Mill Township, AR 72744

Site: Cowpatty RV Park & Campground
Address: 48 E Wallin Mountain Rd, West Fork, AR 72774

Site: Kessler Mountain Trails
Address: 2600 W Judge Cummings Rd, Fayetteville, AR 72701

Directions: Lincoln AR From Tahlequah, take US 62 East to Lincoln AR. Turn north on West St. travel 8 miles north till sign for Lake Lincoln. Turn right into parking lot. Follow trail up left shore to climbing.

Directions: To Cowpatty Campground From Tahlequah, take US 62 East toward AR to Illinois Chapel Rd/ E Parks St in Prairie Grove, AR. Continue to Greenland. Turn right onto US-71 S/ S Main Ave. Turn left on E Wallin Mountain Rd. Destination is on the left.

Directions: To Kessler Mountain Trails : From Tahlequah, take US 62 East toward AR to Illinois Chapel Rd/ E Parks St in Prairie Grove, AR. Follow Illinois Chapel Rd and AR-265 N to your destination in Fayetteville.

Emergency Information:

Nearest hospital: Washington Regional Medical Center
Address: 3215 N Northhills Blvd, Fayetteville, AR 72703
Phone:(479) 463-1000

Cowpatty Campground: Owner on site
(479)839-2653

Police: Washington County Sheriff
(479) 444-5700